

Prayer To Renounce Suicidal Thoughts



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1 CONFESS

I confess all known and unknown sin in my family's generational line with the spirit of death including death wish, wishing I'd never been born, suicidal thoughts, suicidal fantasies, suicidal plans, self-hate, self-destruction, death, and oblivion canceling and revoking any ancestral rights to me.

2 FORGIVE OTHERS

I forgive my family and the generations before me for any rituals, dedications, and agreements that they made with the occult and the spirit of death that have influenced and permeated my blood in my life including any agreements made with false religions, pagan gods including but not limited to the Masons, Shriners, Woodsman of the World, and American Indian rituals, abortion and murder.

3 SELF FORGIVENESS

I ask You to forgive me, Lord, for allowing these same thoughts, words, attitudes and behavior to influence my life.

4 BREAKING INNER VOWS

Forgive me for making inner vows even in the womb, saying "I don't want to live," "I don't want to be born," "I don't want to see," "I don't want to hear," and "I don't want to know." I repent of that now and turn my attention to You, my God. I want to see You. I want to hear You and I want to know You.

5 RENOUNCE

I renounce and sever all agreements, covenants, ties, dedications and oaths made with the spirit of death, in the name of Jesus Christ, by the power of His blood and the authority He has given to me. I receive the fullness of Your plans, blessing and spiritual inheritance in my family line.

6 TAKE AUTHORITY

I command the spirit of death, and all other demons behind: wishing I'd never been born, suicidal thoughts, suicidal fantasies, suicidal plans, self-hate, self-destruction, suicide, death and oblivion to leave me now in the Name of Jesus Christ, and by the power of His blood, and go where Jesus would send you.

7 I RECEIVE

I choose to acknowledge, believe and receive Your love for me. I receive the plans and destiny You have for my life. I ask for and receive Your peace and power in Jesus name.

ADDITIONAL FORGIVENESS:

I also forgive myself, and no longer judge, criticize, be angry and have condemnation against myself, being hard on myself, You or others. I recognize this as pride. I choose to love myself, to be gentle and kind to myself and to others. I forgive everyone, including myself, for all critical, hateful, abusive, condemning and judgmental thoughts, attitudes, words and behavior, towards You, or towards myself, or others. I renounce all of these things in Jesus Name.

ANGER & DISAPPOINTMENT WITH GOD BELIEFS:

God doesn't answer prayer.

I don't trust Him.

God doesn't care.

He knew this was going to happen!

Why did God let this happen?

God is punishing me.

Lord, please forgive me for blaming and accusing You, judging You for what other people and the enemy has done. I ask You to forgive me for my own sin that brought me pain yet I blamed You for the consequences.

Forgive me for sinning against You. I choose to not do that again.

I believe that You are good and Your plans are to give me hope not harm.

Help me to understand and know You with a new perspective and understanding. Please help me heal and bring me into a place where I can trust again so I may be wholly Yours. Thank You for Your mercy and freedom. I'm excited for a new relationship with You. In the Name of Jesus. Amen!



Lynn Eldridge was raised in the church. At about the age of 15 bipolar, eating disorders and addictions began to take over her life. She'd done it all...the best doctors, New Age & other religions, 18 years of medications, therapy, treatment centers and mental institutions. All that money could buy, beautiful homes, cars, extravagant living in every way led to more and more hopeless and desperation. After about 35 years of a life of devastation, she felt like life wasn't worth living. Soon after the release from one of the best psychiatric hospital in the nation in 2011, she had a powerful encounter with Jesus Christ and was set free from torment over a decade ago. Today, Lynn is an author, speaker, mentor, teacher, an inner healing coach, travels on ministry trips frequently, holds conferences, is a entrepreneur. She's been known to say, "If your god can't do this for you, you're welcome to borrow mine."

*For educational purpose only. This is Biblically based and Holy Spirit leading. This is not counseling by a licensed therapist or MD. If needed please seek professional medical help.